



15405 Los Gatos Blvd #103, Los Gatos, CA 95032 408-293-5326

MARTIAL ARTS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 - 4:30pm	White - Green	Rangers	White - Green	Rangers		Rangers 10 - 10:30am
4:30 - 5:00pm	Purple - Black	White - Green	Purple - Black	White - Green		White - Blue 10:30 - 11am
5:00 - 5:30pm	Rangers	Purple - Black	Rangers	Purple - Black		Brown & Up Teen & Adult ESKRIMA 11am - Noon
5:30 - 6:15pm	Teen & Adult All Levels	Teen & Adult All Levels	Teen & Adult All Levels	Teen & Adult All Levels	Brown & Up Teen & Adult JIU JITSU 5:30 - 6:30pm	Teen & Adult GRAPPLING 12 - 1:00pm

XFIT / BOXING / MUAY THAI / ESKRIMA SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
8:00 - 9:00am					Muay Thai / Kickboxing	
9:00 - 10:00am		XFIT		XFIT	XFIT	XFIT
5:30 - 6:15pm	Boxing	Boxing	Boxing	Boxing	ESKRIMA 11am - Noon	
6:15 - 7:15pm	XFIT	XFIT	XFIT	XFIT	GRAPPLING 12 - 1:00pm	
7:15 - 8:00pm	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing		
7:30 - 8:30pm		Eskrima		Eskrima		
8:30 - 9:30pm	Jiu Jitsu					