



15405 Los Gatos Blvd #103, Los Gatos, CA 95032 408-293-5326

MARTIAL ARTS SCHEDULE

MONDAY & WEDNESDAY	TUESDAY & THURSDAY	FRIDAY	SATURDAY
White - Green 3:50 - 4:30pm	Rangers 3:50 - 4:20pm	Brown & Up Teen & Adult JIU JITSU 5:30 - 6:30pm	Rangers 10 - 10:30am
Purple - Black 4:30 - 5:10pm	White - Green 4:20 - 5:00pm		White - Blue 10:30 - 11:10
Rangers 5:10 - 5:40pm	Purple - Black 5:00 - 5:40pm		Brown & Up Teen & Adult ESKRIMA 11:10 - 12:10
Teen & Adult All Levels 5:40 - 6:25pm	Teen & Adult All Levels 5:40 - 6:25pm		Teen & Adult NO GI BJJ 12:10 - 1:10



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XFIT KICKBOXING / BOXING / MUAY THAI / ESKRIMA SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
8:00 - 9:00am					Muay Thai/ Kickboxing	
9:00 - 10:00am		XFIT Kickboxing / Conditioning		XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning
5:40 - 6:25pm	Boxing	Boxing	Boxing	Boxing	ESKRIMA 11:10 - 12:10	
6:25 - 7:15pm	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	NO GI BJJ 12:10 - 1:10	
7:15 - 8:15pm	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing		
7:30 - 8:30pm		Eskrima		Eskrima		
8:15 - 9:15pm	BJJ		BJJ			