



15405 Los Gatos Blvd #103, Los Gatos, CA 95032 408-293-5326

## MARTIAL ARTS SCHEDULE

MONDAY & WEDNESDAY	TUESDAY & THURSDAY	FRIDAY	SATURDAY
White - Green <b>3:50 - 4:30pm</b>	Rangers <b>3:50 - 4:20pm</b>	Purple - Black <b>4:45 - 5:20pm</b>	Rangers <b>10 - 10:30am</b>
Purple - Black <b>4:30 - 5:10pm</b>	White - Green <b>4:20 - 5:00pm</b>	Brown & Up Teen & Adult <b>JIU JITSU</b> <b>5:30 - 6:30pm</b>	White - Blue <b>10:30 - 11:10</b>
Rangers <b>5:10 - 5:40pm</b>	Purple - Black <b>5:00 - 5:40pm</b>		Brown & Up Teen & Adult <b>ESKRIMA</b> <b>11:10 - 12:10</b>
Teen & Adult All Levels <b>5:40 - 6:25pm</b>	Teen & Adult All Levels <b>5:40 - 6:25pm</b>		Teen & Adult <b>NO GI BJJ</b> <b>12:10 - 1:10</b>



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## XFIT KICKBOXING / BOXING / MUAY THAI / ESKRIMA SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
8:00 - 9:00am					Muay Thai/ Kickboxing	
9:00 - 10:00am		XFIT Kickboxing / Conditioning		XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning
5:40 - 6:25pm	Boxing	Boxing	Boxing	Boxing	<b>ESKRIMA 11:10 - 12:10</b>	
6:25 - 7:15pm	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	XFIT Kickboxing / Conditioning	<b>NO GI BJJ 12:10 - 1:10</b>	
7:15 - 8:15pm	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing		
7:30 - 8:30pm		Eskrima		Eskrima		
8:15 - 9:15pm	BJJ		BJJ			